

**3 OR 6 DAY CATARACT CANYON TRIP
5 DAY DESOLATION CANYON TRIP**

WHERE TO MEET US

You need to get to a town called Green River, Utah

HOW TO GET THERE

Traveling from home by private vehicle

Consult a Utah road map and locate I-70 running east and west across the state. The town of Green River is located approximately in the eastern 3rd of the state right on I-70, 105 miles west of Grand Junction, Colorado and about 104 miles east of Salina, Utah. The distance from Salt Lake City to Green River is about 185 miles. From SLC, take I-15 south to exit 256, thence east on US 6 up over the Wasatch Plateau to Price and Wellington and continue on to Green River. Plan on arriving in Green River in time for a 6:30 PM orientation meeting on the patio at the John Wesley Powell museum the evening prior to your river trip.

Traveling from home by air

Book a flight to Salt Lake City and rent a car and drive to Green River, Utah. (See above) Or, book a flight to Grand Junction, Colorado, rent a car and drive to Green River, Utah Or contact Moab Luxury Coach (www.moabluxurycoach.com) for charter van transportation from Salt Lake City. Or contact American Spirit Shuttle (www.americanspirit.net) for service between Grand Junction and Green River.

If you are arranging transportation with Moab Luxury Coach or American Spirit to get to Green River, don't forget to also make reservations for a return at the end of your trip. You should plan on arriving in Green River in time for a 6:30 PM orientation meeting at the John Wesley Powell museum the evening prior to your trip.

Traveling by RAIL! (Could be fun!)

AMTRAK provides service to Green River, Utah. The local station isn't much to look at (it is closed), but the train will stop, and we'll pick you up there and take you back at the end of the river trip! <http://www.amtrak.com/servlet/ContentServer?pagename=Amtrak/HomePage>

In addition to the above, charter air service is available between SLC / Green River and between Grand Junction / Green River. Contact Red Tail Aviation at 435-637-9556 or 800-842-925. A three passenger minimum fare usually applies.

WHERE TO STAY WHEN YOU GET THERE

Some of the accommodation options in Green River

Holiday Inn Express
965 E Main
435-564-4439
800-465-4329

RiverTerrace
885 E Main
435-564-3401

Super 8
1248 E Main
435-564-8888
800-800-8000

Comfort Inn
1065 E Main
435-564-3300

West Winds
(Knights) Rodeway Inn
525 E Main
435-564-3421

Sleepy Hollow
94 E Main
435-564-8189

The Holiday Inn Express is located directly east of the John Wesley Powell Museum. The others are within walking distance.

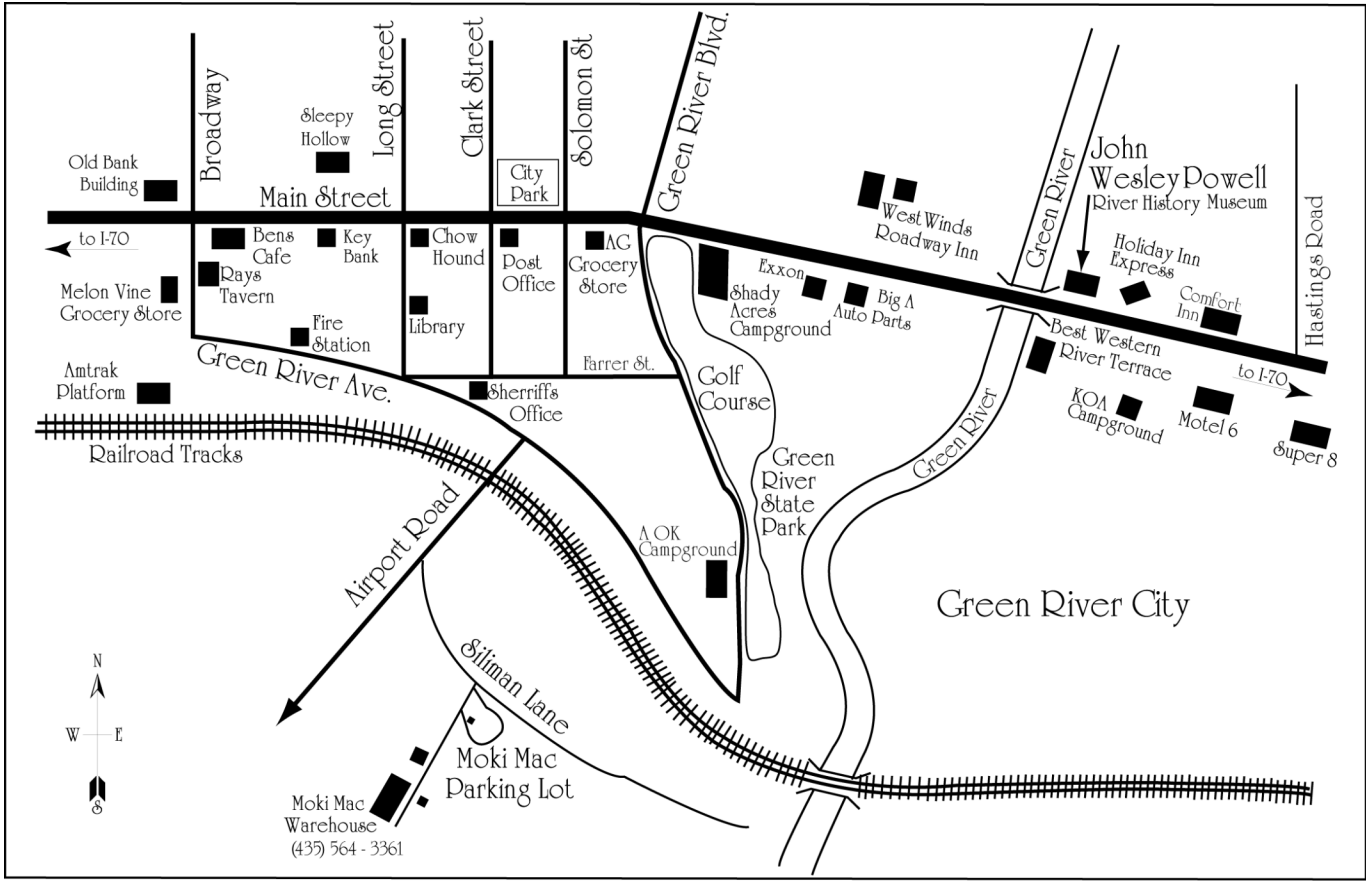
There are also four campgrounds in Green River:

Green River St. Park
 150 S G. R. Blvd
 435-564-3633
 800-322-3770

KOA
 910 E Main
 435-564-8195
 800-562-5734

Shady Acres
 360 E Main
 435-564-8290
 800-537-8674

A OK Campground
 570 N G. R. Blvd
 435-564-8372



WHAT WILL HAPPEN WHEN YOU GET THERE

We will meet you at the John Wesley Powell Museum at 6:30 PM the evening prior to the river trip for a short pre river trip orientation meeting. (Except for participants on the one-day Gray Canyon or Westwater Canyon trips for which the orientation will be accomplished the morning of departure.) At this meeting, we will pass out water proof river bags for you to pack your gear into that night. General questions and concerns will be addressed along with a brief overview of what to expect during your trip.

The following morning we will meet you at our warehouse parking lot (if you have your own vehicle) or pick you up at your motel and transport you to the airport (in the case of the Desolation or Cataract Canyon trips) or to the launch site (in the case of the Westwater or Gray Canyon trips).

If you have booked the Desolation Canyon trip, you should be prepared, footwear wise, for a short, steep hike from the Sand Wash airstrip to the river.

WHAT WILL HAPPEN AT THE END OF THE RIVER TRIP

At the end of all of our Utah trips, we will return you to Green River, Utah. If you have your own vehicle, we will take you back to our parking lot. If you arrived in Green River via American Spirit Shuttle or AMTRACK, we will take you to your motel (for which you should have pre-arranged a room).

WHAT TO BRING

25 LBS./PERSON IS THE MAXIMUM WEIGHT YOU MAY BRING

(THE WEIGHT LIMIT IS ENFORCED BY THE AIR SHUTTLE OPERATORS FOR THE CAT AND DESO TRIPS)

Pack your gear in a duffel bag.

Clothing (amounts will vary based on trip length):

2-3 shorts*	1-2 long pants	2-3 shirts
1-2 long sleeved shirt	underwear/sox	1-2 swimsuits
Sarong**	2 hats with tie strings	bandanas
rain gear	jacket or sweatshirt	river sandals & tennis shoes
thermals/wet suit booties (spring and fall trips)		

*Shorts/pants with pockets that close with Velcro or a zipper are good to have

**A sarong or light weight cloth is handy to use for a cover up on the boat and provide some privacy while changing clothes

Personal Items:

toothbrush/toothpaste	lip balm	heavy moisturizing lotion
comb/brush	soap/shampoo	sunscreen
deodorant	razor (optional)	medications
fem hygiene products	water bottle/canteen	sunglasses/"chums"
towel	camera	book/journal
small back pack	carabiner	flashlight/batteries

(Flashlights with red light mode are good)

Camping Gear: (If you prefer your own bag/tent, bring them or let us know and we'll provide them at no charge)

sleeping bag/sheet	tent	pad/ground Cloth
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Shoes should provide support for hiking. Some hikes require stream crossings so your hiking shoes will get wet. During the day on the rafts, your feet can be wet for long periods. Strap-on sandals are appropriate. The best **rain gear** is pants and a jacket. Ponchos are not effective and are very difficult to wear under a life jacket. For trip

clothing, some people prefer synthetics that are quick drying and some like the evaporative cooling of wet cotton. During the cooler months you will want quick-drying clothes and during the hottest months you may want to bring some cotton clothes.

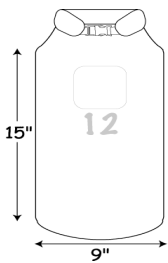
Line your **small daypack** with a heavy weight garbage bag to keep contents dry. A **carabiner*** is an oval shaped metal ring with a one-way gate, and is useful to quickly fasten and unfasten your small daypack to the duffel load on the raft. You do not need an expensive climbing certified model, but it should be full size (about 4”X2”). The only **cash** you will need will be for accommodations, meals and drink purchases in Green River, Utah and guide gratuities (8-10% of trip fare recommended). A credit card may prove handy for unforeseen emergencies. If you bring **liquor**, please transfer it to plastic bottles. If you bring wine, make it the boxed variety. We provide plenty of water/lemonade. You bring your own canned drinks. There are limited **fishing** opportunities mainly for catfish. If you choose to bring a rod, make it a compact model. You will need to purchase a non resident temporary license. Go to: <http://www.wildlife.utah.gov> Click on: Buy Fishing & Hunting Licenses Online.

WHAT NOT TO BRING

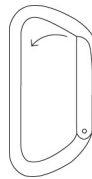
□ Do not bring: radios, jewelry, electrical appliances, pets, firearms

THE RIVER BAGS FOR YOUR GEAR

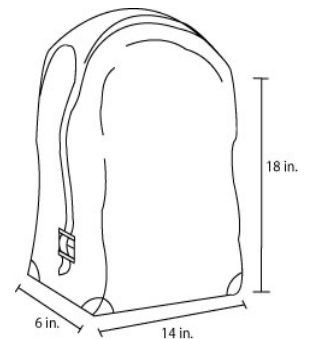
Your clothes and sleeping bag will fit into two waterproof river bags we provide. Tents and pads will be packed into large communal waterproof bags each day. We will also provide a soft river bag for your day use items. The daypack you may bring can be used for your rain gear, extra shoes and other items you will need during the day.



soft, water proof day bag



carabiner*



waterproof river bag

TRIP INTERRUPTION INSURANCE

PROTECT YOUR INVESTMENT! We urge you to purchase vacation interruption insurance to protect you in case you find you must cancel your trip. Policy purchases may be time sensitive. Plan ahead!

Please contact your choice of one of the below:

<http://www.Travelsafe.com>

<http://www.travelex-insurance.com/Home.aspx>

<http://www.insuremytrip.com/>

<http://www.travelguard.com/>

EMERGENCY CONTACT NUMBERS

Once you launch on the river, communication from/to family is very difficult. For emergency contact from a family member, leave the following telephone numbers with appropriate persons:

Moki Mac River Expeditions: (800) 284-7280 or (801) 268-6667 or (801) 631-3127

Moki Mac Green River Warehouse: (435) 564-3361 or (435) 749-1135

NPS/Canyonlands National Park (Cataract Canyon): (435) 259-3911

BLM/Price Field Office (Desolation Canyon & Labyrinth Canyon): (435) 636-3600

WEATHER

April/May: Average temperatures are in the low 70's/mid 80's (20-27 C) during the day and the low 50's/mid 60's (8-16 C) at night. There may be rain showers.

June: Average temperatures are in the high 90's/low 100's (33-38 C) during the day and the low 70's (22 C) at night. It is usually dry.

July/August: Average temperatures are in the high 90's/low 100's (33-38 C) during the day and mid 70's (23 C) at night. Thundershowers are likely.

September/October: Average temperatures are in the mid 80's/low 90's (27-30 C) during the day and the mid 50's/low 60's (10-14 C) at night. Rain showers.

SUGGESTED READING

Desolation River Guide or Canyonlands River Guide, by Bill Belknap, Westwater Books, Evergreen, Colorado

(Waterproof map, great to have with you on the trip. We have these maps for sale through our office)

The Exploration of the Colorado River and its Canyons, by John Wesley Powell, Dover Publications, Inc., New York

A Canyon Voyage; The Narrative of the Second Powell Expedition, by Frederic S. Dellenbaugh, The University of Arizona Press

The Four Corners Anasazi, by Rose Houk, San Juan National Forest Association

Desert Solitaire, by Edward Abbey, Ballantine Books, New York

Ghosts of Glen Canyon, by C. Gregory Crampton, Cricket Productions, SLC, Utah

Cadillac Desert. by Marc Reisner. Penguin Books

Run River Run, by Ann Zwinger, The University of Arizona Press, Tucson, Arizona